

Soulstice Mountain Trail Run Champions Since NATRA

** Denotes Course Records

2002

Sprint: Tom Sabol (43.46); Jessie LeBlanc (58.01)
Long: Mike Olson (1:20.57); Paula Aerts (1:34.39)

2003

Sprint: Christopher Casteel (38.27); Andrea Redman (52.01)
Long: Tom Sabol (1:14.32); Alexis Baca-Spry (1:39.14)

2004

Sprint: Christopher Casteel (39.34); Grace White (51.45)
Long: Mark Ulm (1:17.00); Kara Huffman (1:31.12)

2005 (Race Moved to Nordic Center)

Sprint: Gunter Ziwey (40.16); Jenna Kajewski (41.10)
Long: Tom Sabol (1:05.50); Marcy Felt (1:19.05)

2006 (Course Shortened to Dry Lake Hills Cut-Off)

Sprint: Paul Brinkmann (47.41); Jessica Anderson (50.42)
Long: Eric Bohn (1:16.12); Sara Wagner (1:32.48)

2007 (Sunset Trail Rebuilt, Course a bit longer)

Sprint: Erin Hutchinson (44.33); Amber Randall (46.53**)
Long: Jared Scott (1:09.10); Erika Edwards (1:25.52)

2008

Sprint: Chris Gomez (39.09); Janet Nelson-Bain (54.33)
Long: Jared Scott (1:09.37); Sara Wagner (1:29.56)

2009

Sprint: Ryan Stevens (42.23); Jennifer McCarthy (48.50)
Long: Mike Smith (1:09.24); Sara Wagner (1:25.15)

2010

Sprint: Ryan Stevens (38.21**); Janet Nelson-Bain (48.14)
Long: Jared Scott (1:09.24); Sara Wagner (1:28.24)

2011

Sprint: Ryan Stevens (40.22); Janet Nelson-Bain (53.10)
Long: Chris Gomez (1:12.07); Sara Wagner (1:28.07)

2012

Sprint: Ryan Stevens (42.11); Janet Nelson-Bain (49.20)
Long: Jason Wolfe (1:09.44); Sara Wagner (1:30.27)

2013

Sprint: Ryan Stevens (42.28); Janet Nelson-Bain (51.10)
Long: Chris Gomez (1:11.40); Michelle Wesson (1:28.14)

2014

Sprint: Eric Bohn (43.58); Janet Nelson-Bain (51.56)
Long: Chris Gomez (1:11.59); Emily Harrison (1:17.57**)

2015

Sprint: Jackson Messier (48.23); Janet Nelson-Bain (51.47)
Long: Chris Gomez (1:12.29); Emily Harrison (1:21.14)

2016 (Little Gnarly becomes known as Little Smoothie)

Sprint: Ryan Porter (49.01); Janet Nelson-Bain (51.48)
Long: Mike Popejoy (1:08.19); Emily Harrison (1:19.49)

2017

Sprint: Chris Vargo (40.31); Alicia Vargo (47.03)
Long: David Sinclair(1:07.02 **); Emily Harrison Torrence (1:19.16)

2018

Sprint: Howard Brown (53.06); Janie Bohn (52.5 3)
Long: Adam Dalton (1:13.39); Rachel Schneider (1:19.06)

2019 (Museum Fire: Course Lengthened to 8 and 12 miles)

Sprint: Vince Sherry (58.32); Janie Bain (1:01.08)
Long: Mike Popejoy (1:14.50); Janet Cherbon-Bawcom(1:26.34)

2020: Held Virtually Only Due to Pandemic

2021 (Return to the Traditional Courses)

Sprint: John Daily (48.45); Janet Bain (56.55)
Long: Chris Gomez (1:16.59); Leah Rosenfeld (1:27.39)